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# Half Assed A Weight Loss Memoir Jennette Fulda

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Westminster John Knox Press

A 'Half-Assed' Diet Memoir Over two years, author **Jennette Fulda** lost half her body weight, a journey she chronicles in her book "**Half-Assed: A Weight Loss**

Jennette Fulda on NBC's Today Show **Jennette Fulda** attempts to discuss her book "**Half-Assed: A Weight-Loss Memoir**" on NBC's Today Show even though she can't

Reading with Robin, Jennette Fulda - Part 3 **Jennette Fulda**, author of **Half-Assed: A Weight-Loss Memoir**, discusses how she lost over 200 pounds through diet and exercise.

Jennette Fulda PastaQueen - You'll laugh your **ass** off. (I did.) Videos related to the blog [pastaqueen.com](http://pastaqueen.com) by **Jennette Fulda**, author of

PastaQueen on New Year's resolutions **Weight loss** blogger and author **Jennette Fulda**, aka PastaQueen, talks about New Year's resolutions.

Jennette Fulda on CBS The Early Show **Jennette Fulda** discusses her book "**Half-Assed: A Weight-Loss Memoir**" with Maggie Rodriguez on CBS's The Early Show on

How to lose 192 pounds in 7 seconds Watch **Jennette Fulda** lose 192 pounds in 7 seconds. Read the story behind the photos in "**Half-Assed: A Weight-Loss Memoir**" or

Reading with Robin, Jennette Fulda - Part 1 **Jennette Fulda**, author of **Half-Assed: A Weight-Loss Memoir**, discusses how she lost over 200 pounds through diet and exercise.

Maria Sanchez Show, Jennette Fulda - Part 1 **Jennette Fulda**, author of **Half-Assed: A Weight-Loss Memoir**, discusses how she lost over 200 pounds through diet and exercise.

Reading with Robin, Jennette Fulda - Part 4 **Jennette Fulda**, author of **Half-Assed: A Weight-Loss Memoir**, discusses how she lost over 200 pounds through diet and exercise.

Reading with Robin, Jennette Fulda **Jennette Fulda**, author of **Half-Assed: A Weight-Loss Memoir**, discusses how she lost over 200 pounds through diet and exercise.

Maria Sanchez Show, Jennette Fulda - Part 2 **Jennette Fulda**, author of **Half-Assed: A Weight-Loss Memoir**, discusses how she lost over 200 pounds through diet and exercise.

Jennette Fulda discusses CHOCOLATE & VICODIN on WRAL For more information go to <http://www.chocolateandvicodin.com/>

Half Assed A Weight Loss Memoir

'Diet Girl' Loses The Weight "Diet Girl" author Shauna Reid tells Maggie Rodriguez the story of how she successfully **lost** almost 200 lbs. with the help of her

Life after weight loss **Jennette Fulda** discusses life after **losing** more than **half** of her body **weight**.

Things I'm Loving Right Now--April Mentioned: Books: Chocolate and Vicodin by **Jennette Fulda** The Great Fitness Experiment by Charlotte Hilton Andersen Green

Jennette's best advice **Jennette** shares her best **weight loss** advice and how to stay committed to your goal when it's hard to stick to it.

Tips for maintaining weight loss results **Jennette Fulda** shares how she maintains a healthy lifestyle, even when the numbers on the scale aren't changing.